

Curriculum Vitae

Munyi Shea, Ph.D.

School of Education

Seattle Pacific University

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EDUCATION

2002-2008

Teachers College, Columbia University, New York, NY

Department of Counseling and Clinical Psychology

Ph.D. in Counseling Psychology. Dissertation defended with distinction

Mentor: Christine J. Yeh, Ph.D.

Dissertation: *Development of a culturally specific Career Exploration Development and Resources (CEDAR) group for low income Chinese immigrant youth.*

2007-2009

Massachusetts Mental Health Center/Harvard Medical School

Internship in Clinical Psychology (1 year)

Postdoctoral Fellowship in Clinical Psychology (6 months)

1997-2001

University of Washington, Seattle, WA

B.A. in Business, *summa cum laude*

B.S. in Psychology, *summa cum laude*

Honors Thesis Mentor: Ana Mari Cauce, Ph.D.

Guthrie Prize: Best Undergraduate Empirical Paper

CURRENT POSITION

9/2016-present

Associate Professor, Counselor Education, School of Education

Seattle Pacific University

9/2013-8/2016

Associate Professor, Department of Psychology,

California State University, Los Angeles

Received early tenure

1/2009 – 8/2013

Assistant Professor, Department of Psychology,

California State University, Los Angeles

RESEARCH AREAS

Multicultural Prevention and Intervention Research Team

- Asian and Latino immigrant mental health and school adjustment issues
- Culturally responsive prevention and intervention (program development and evaluation) for underserved groups
- Gender experience and psychological health with a focus on women's health

TEACHING INTEREST & COURSES TAUGHT

- Research Methods and Statistics (graduate)
- Counseling Theories and Skills (graduate)
- Positive Psychology and Spirituality in School (graduate)
- Introduction to Psychology (undergraduate)
- Abnormal Psychology (undergraduate)
- Advanced Seminar in Psychopathology (graduate)
- Theories of Personality (undergraduate)
- Family Therapy Dynamics and Perspectives (undergraduate/graduate)

**RESEARCH GRANTS
(Internal and External)**

May, 2017

Faculty Research and Scholarship Grant; Seattle Pacific University

Role: PI. Awarded \$5940

Project: *Barriers to seek mental health counseling: Development of a new psychological measure and formulation of a theoretical model.*

October, 2016

American Psychological Association Public Interest Leadership Conference Health Equity Dissemination Award. Awarded \$4,000.

Role: Co-Principal Investigator

Project Title: *Development of culturally responsive guidelines and resources for bullying prevention among Asian American and Pacific Islander students for school professionals and parents.*

Spring 2016 Quarter

Seed Grant (Creative Leave); Cal State Los Angeles

Role: PI. Awarded one-quarter leave.

- Develop a service learning course with intervention component for college-enrolled parents and track their retention, academic and mental health outcomes longitudinally

1/2015-6/2015

Mini-Grant and Assigned Time; Cal Staet Los Angeles

Role: PI. Awarded \$5,000 and one course release

Project Title: *School-based, peer-led Young Mothers' Support Program*

- Adapted a skills-based support program for college-going mothers
- Conducted focus groups with mothers to solicit input for program adaptation
- Trained and co-led the program with peer faciliators
- Measured the outcomes associated with the group intervention

9/2009-9/2011

Interim Principal Investigator (9/2010-9/2011), NIH Score 1 Grant Multicultural Content Expert and Trainer (9/2009-9/2010)

Project Title: *Development of a Self-Help Program to Treat Binge Eating in Mexican Americans (NIH 5 SC1 MH087975-02)*

Principal Investigator: Fary Cachelin, Ph.D.

- Oversaw research implementation and grant administration
- Supervised and train supporters for a cognitive behavioral guided self-help (GSH) program for Mexican American women with binge eating disorders
- Trained research assistants in conducting focus groups & qualitative analysis

2011 (July)

Promoting Psychological Research and Training on Health Disparities Issues at Ethnic Minority Serving Institutions (ProDIGs) Grant, issued by American Psychological Association (APA) Science Directorate and the APA Public Interest Directorate's Office of Ethnic Minority Affairs (OEMA). Awarded \$6,500 (grant) and \$3,650 for attending grant training and professional development.

- Submitted a Ro3 proposal to NICHD – *“Parenting Influences on Bullying Involvement among Asian and Latino Immigrant Children.”*

2011 (March)

Community Engagement Award; California State University, Los Angeles.

Role: Principal Investigator. Awarded ~\$1,000 and one course release

Project Title: *Collaborative Bullying Prevention Training for Immigrant Parents: Using a Narrative Therapy Approach and Participatory Research Methodology*

RESEARCH GRANTS**(unscored)**

2012 (June)

Ro3 Small Research Grants, NIHProject Title: *Parenting Influences on Bullying in Asian and Latino Immigrant Children*

2011 (Feb)

Academic Research Enhancement Award (Parent R15), NIHProject Title: *Familial Risk and Protective Factors of Bullying Involvement among Asian and Latino Immigrant Children***TEACHING GRANTS**

2014 (June)

Course Redesign with Technology, CSU Chancellor's Office,

- Received assigned time to redesign *Introduction to Psychology* course
- Used technology such as i>clicker and blended approach to enhance student's classroom engagement, learning outcomes, and retention rate.

2014 (January)

Bottleneck Academic Success Academy, California State University, Los Angeles

- Received assigned time and faculty training to redesign a bottleneck course

HONORS AND AWARDS

2015 (June)

Early Career Award for Research, Asian American Psychological Association. for outstanding contribution to Asian American research.

2015 (May)

Outstanding Research Award for a co-authored paper, American Education Research Association Division E (Counseling and Human Development)
Article Title: *Ecological risk and protective factors of depression and anxiety among low-income Chinese immigrant youth.*

2015 (April)

Honorary Member, Golden Key International Society, CSULA Chapter

2013 (June)

SERD Outstanding Contribution to Scholarship on Race and Ethnicity Award, American Psychological Association, The Society of Counseling Psychology's Section on Ethnic and Racial Diversity.

2010 (July)

Fellow, American Psychological Association Minority Fellowship Program – Psychology Summer Institute, Washington D.C.
Project Title: *Risk and Protective Factors of Bullying among Asian and Latino Immigrant Children*

2009

Finalist, American Psychological Association Distinguished Graduate Student in Professional Psychology

2009

Fellow, American Psychological Association Advanced Training Institute – Research Methods with Diverse Racial and Ethnic Group

2008

Dissertation defended with an unanimous vote of distinction, Columbia University

2005

Student Travel Award, American Psychological Association

- 2005 **Student Travel Award** , Teachers College, Columbia University
- 2004 **Fellow**, National Summer Institute on Promoting Multicultural Excellence in the Academy, University of Denver, Denver, Colorado, Awarded \$2,000
- 2003 **Diversity Fellowship**, Teachers College, Columbia University, Awarded \$3,000
- 2001 **Guthrie Prize—Best Undergraduate Empirical Paper**, Psychology Department, University of Washington

SCHOLARSHIP

*Student authors.

Peer Reviewed Articles:

- [21] **Shea, M.**, Wong, Y. J., *Nguyen, K., & *Baghdasarian, S. (2017). College women's subjective femininity stress, gender solidarity, and help-seeking intentions: The mediating roles of help-seeking attitudes and social stigma. *The Counseling Psychologist*, *45*, 438–461.
- [20] **Shea, M.**, Wang, C., *Shi, W., *Gonzalez, V., & Espelage, D. (2016). Parents and teachers' perspective of school bullying among Asian and Latino immigrant children. *Asian American Journal of Psychology*, *7*, 83-96.
- [19.] **Shea, M.**, Cachelin, F. M., *Gutierrez, G., *Wang, S., & Phoutdavone, P. (2016). Mexican American Women's perspectives on a culturally adapted cognitive- behavioral therapy guided self-help program for binge eating. *Psychological Services*, *13*, 31-41. doi: 10.1037/ser0000055
- [18.] **Shea, M.**, Wong, Y. J., *Wang, S., *Wang, S., *Jimenez, V., Hickman, S. J., & LaFollette, J. R. (2014). Toward a constructionist perspective of examining femininity experience: The development and psychometric properties of the subjective femininity stress scale. *Psychology of Women Quarterly*, *38*, 275-291. doi:10.1177/0361684313509591
- [17.] Cachelin, F., **Shea, M.**, *Phoutdavone, P., Wilson, T., Thompson, D., Strigel, R. (2014). Culturally adapted cognitive behavioral guided self-help for binge eating: A feasibility study with Mexican Americans. *Cultural Diversity and Ethnic Minority Psychology*, *20*, 449-457, doi: 10.1037/a0035345
- [16.] Yeh, C. J., Liao, H-Y., Ma, P-W., Okubo, Y., **Shea, M.**, Kim, A. B., & Atkins, M. (2013). Ecological risk and protective factors of depression and anxiety among low-income Chinese immigrant youth. *Asian American Journal of Psychology*. doi: 10.1037/a0034105
- [15.] Wong, Y. J., **Shea, M.**, Hickman, S. J., LaFollette, J. R., *Cruz, N., & *Boghokian, T. (2013). The Subjective Masculinity Stress Scale: Scale development and psychometric properties. *Psychology of Men and Masculinity*, *14*, 148-155. doi: 10.1037/a0026206
- [14.] **Shea, M.**, Cachelin, F., *Uribe, L., Striegel-Moore, R., Thompson, D., & Wilson, T. (2012). Cultural adaptation of a cognitive-behavioral therapy guided self-help program for Mexican American women with binge eating disorders. *Journal of Counseling Development*, *90*, 308-318.
- [13.] Ham, A., **Shea, M.** (2012). Development of a narrative therapy experiential parents' group model used to train school counselors working with elementary school children who bully. *Prevention in Counseling Psychology: Theory, Research, Practice and Training*, *1*, 7-14.

- [12.] Wong, Y. J., Owen, J., & **Shea, M.** (2012). A latent class regression analysis of men's conformity to masculine norms and psychological distress. *Journal of Counseling Psychology, 59*, 176-183. doi: 10.1037/a0026206
- [11.] Thompson, D., Cachelin, F., Striegel, R. H., Barton, B., **Shea, M.**, & Wilson, G. T. (2012). How many therapists? Practical guidance on investigating therapist effects in randomized controlled trials for eating disorders? *International Journal of Eating Disorders, 45*, 670-676.
- [10.] Wong, Y. J., **Shea, M.**, LaFollette, J. R., Hickman, S. J., *Cruz, N., & *Boghokian, T. (2011). The Inventory of Subjective Masculinity Experiences: Development and psychometric properties. *Journal of Men's Studies, 19*, 3, 236-255
- [9.] Yeh, C. J., Borrero, N. E., & **Shea, M.** (2011). Spirituality as a Cultural Asset for Urban Youth in Schools. *Counseling and Values, 55*, 185-198
- [8.] **Shea, M.**, Yang, L. H., & Leong, F. T. L. (2010). Loss, Psychosis, and Chronic Suicidality in a Korean American Immigrant Man: Integration of Cultural Formulation Model and Multicultural Case Conceptualization Approach. *Asian American Journal of Psychology, 1*, 212-223.
- [7.] **Shea, M.**, Goisman, R. M., & Greenberg, R. (2010). Aggression, grief, and conflict in a patient with psychosis: An integration of psychodynamic and cognitive-behavioral perspectives. *Harvard Review of Psychiatry, 18*, 195-205
- [6.] **Shea, M.**, Ma, P.W., Yeh, C.J., Lee, S., & Pituc, S. (2009). Exploratory studies on the effects of a career exploration group for urban Chinese immigrant youth. *Journal of Career Assessment, 17*, 457-477.
- [5.] Yeh, C. J., Okubo, Y., Ma, P-W., **Shea, M.**, Kim, A. B., Ou, D., & Pituc, S. T. (2009). Chinese immigrant high school students' cultural interactions, acculturation, family obligations, acculturation, language use, and social support, *Adolescence, 43*, 775-790
- [4.] **Shea, M.**, & Yeh, C. J. (2008). Asian American Students' cultural values, stigma, and relational self-construal: correlates of attitudes toward professional help seeking. *Journal of Mental Health Counseling, 30*, 157-172.
- [3.] **Shea, M.**, Ma, P.W., Yeh, C. J. (2007). Development of a culturally specific career exploration group for urban Chinese immigrant youth. *Career Development Quarterly, 56*, 62-73. doi:10.1002/j.2161-0045.2007.tb00020.x
- [2.] Okubo, Y., Yeh, C., Lin, P., Fujita, K., & **Shea, M.** (2007). The career decision-making process of Chinese American Youth. *Journal of Counseling and Development. 85*, 440-449
- [1.] Cauce, A.M., Domenech-Rodriguez, M., Paradise, M., Cochran, B.N., **Shea, J.M.**, Srebnik, D., & Baydar, N. (2002). Cultural and contextual influences in mental health help seeking: a focus on ethnic minority youth. *Journal of Consulting & Clinical Psychology, 70*, 44-55.

Manuscript Under Review or In Progress:

Ma, P-W., & **Shea, M.** (2017). First-Generation College Students' Perceived Barrier and Vocational Outcome Expectations: Exploring the role of relational factors and sense of coherence. Manuscript in Progress.

Shea, M., Wang, C., Gutierrez, G., & Dennis, J. M. (2017). Parenting behavior and school-age victimization as correlates of psychosocial adjustment among college students. Manuscript in Progress.

Book Chapters and Other Work:

[6.] **Shea, M.**, & Nguyen, K. (2017). Career choice and gender. In K. Nadal (Ed.), *The SAGE Encyclopedia of Psychology and Gender*. Thousand Oaks, CA: Sage Publications Inc.

- [5.] Ma, P-W., & **Shea, M.** (2015). Work and gender roles in East Asian immigrant women in the United States. In Espin, O. & Dottolo, D. (Eds.), *Gendered journeys: Women, Migration, and Feminist Psychology*. New York: Palgrave Macmillan, NY.
(The first two authors contribute equally to this work.)
- [4.] Cachelin, F. M., **Shea, M.**, & *Bono, F. A., (2013). Cognitive-behavioral therapy guided self-help (CBT-GSH) for binge eating: A culturally sensitive minimal or early intervention program. In Choate, L. H. (2013). *Eating disorders and obesity: A counselor's guide to prevention and treatment*. Alexandria, VA: American Counseling Association.
(The first two authors contribute equally to this work.)
- [3.] Ma, P-W., **Shea, M.**, & Yeh, C. J. (2013). Promoting mental health in Asian American immigrants. In E. M. Vera (Ed.), *Oxford Handbook of Prevention in Counseling Psychology*. New York: Oxford University Press, Inc.
- [2.] **Shea, M.**, & Leong, F. T. L. (2013). Working with a Chinese immigrant with severe mental illness: An integrative approach of cognitive-behavioral therapy and multicultural conceptualization. In S. Poyrazli & C. E. Thompson (Eds.), *International case studies in mental health* (pp. 205-223). Thousand Oaks, CA: Sage.
- [1.] **Shea, M.**, & Wong, Y. J. (2012). Femininity and women's psychological well-being. In P. Lundberg-Love, K. L., Nadal, & M. A. Paludi. (Eds.), *Women and mental disorders* (pp. 17-36). Santa Barbara, CA: Praeger Publishers.

CONFERENCE PRESENTATIONS

*Student authors.

- Okazaki, S., **Shea, M.**, Thakore-Dunlap, U., Wang, C. (Oct, 2017). *Disseminating Best Practices on Bullying Prevention and Intervention to AAPI Parents and School Professionals*. Interactive session presented at the Asian American Psychological Association national convention. Las Vegas, NV.
- Shea, M.**, & Hyun, J. (Mar, 2017). *Culturally Responsive Bullying Prevention: Immigrant Caregivers' Voices*. Breakout session presentation at the annual meeting of the Evidence Based School Counseling Conference, San Diego.
- Shea, M.** (Chair, 2016). *Subjective femininity experience and psychological health: Intersections of race, gender and sexuality*. Symposium to be presented at the annual meeting of the Western Psychological Association Convention, Long Beach.
- Shea, M.** Shi, W., *Torres, J., *Oceguera, *Ventura, C. (2016). *The effect of a peer-led intervention on college-going mothers' psychological health*. Poster to be presented at the annual meeting of the Western Psychological Association Convention, Long Beach.
- Shea, M.**, *Partida, J., *Nguyen, K., *Baghdasarian, & *Gonzalez, V. (2016). *College men's subjective masculine stress, gender identification, and help-seeking intention*. Poster to be presented at the annual meeting of the Western Psychological Association Convention, Long Beach.
- Shea, M.**, Shi, W., *Gonzalez, V., *Villanueva, C. (2015). *Development of a peer-led support program for young mothers*. Poster presented at the annual meeting of the Western Psychological Association Convention, Las Vegas, NV.
- *Gutierrez, G., **Shea, M.**, *Shi, W., *Gonzalez, V., & *Villanueva, C. (2015). *Parenting behavior, school-age victimization and psychological adjustment among Asian and Latino students*. Poster presented at the annual meeting of the Western Psychological Association Convention, Las Vegas, NV.

- Shea, M.**, Wong, Y. J., *Baghdasarian, S., & *Nguyen, K. (2015). *Women and help-seeking: Relationships among identity, stress, and stigma*. Poster presented at the annual meeting of the Western Psychological Association Convention, Las Vegas, NV.
- Shea, M.**, *Baghdasarian, S., *Liao, I., *Nguyen, K. & *Wang, S. (2015). *Femininity stress and eating disorder risk among racially diverse women*. Poster presented at the annual meeting of the Western Psychological Association Convention, Las Vegas, NV.
- *Gallegos, E., *Nguyen, T., & **Shea, M.** (April, 2014). *Effect of a didactic therapy course on help-seeking attitudes and willingness*. Poster presented at the annual meeting of the Western Psychological Association Convention, Portland, OR.
- Shea, M.**, Cachelin, F., *Gutierrez, G., *Wang, S., & Phimphasone, P. (April, 2014). *Mexican American women's perspectives on a culturally adapted cognitive-behavioral therapy program for binge eating disorders*. Poster presented at the annual meeting of the Western Psychological Association Convention, Portland, OR.
- *Wang, S., *Liao, I., & **Shea, M.** (April, 2014). *Spirituality as a moderator of the relationship between stress and psychological adjustment among ethnically diverse college students*. Poster presented at the annual meeting of the Western Psychological Association Convention, Portland, OR.
- *Gutierrez, G., *Shi, W., Gonzalez, V., & **Shea, M.** (April, 2014). *The effect of parenting behaviors and school-age bullying experience on young adults' self-esteem: a Mars analysis*. Poster presented at the annual meeting of the Western Psychological Association Convention, Portland, OR.
- *Wang, S., *Shi, W., Ham, A., & **Shea, M.** (August, 2013). *Expanding perspectives: A narrative therapy curriculum for a parents' group of children who bully*. Poster presented at the annual meeting of the American Psychological Association Convention, Honolulu, HI.
- Ma, P-W., **Shea, M.**, & *Gonzalez, R., & *Wang, S. (August, 2013). *College stress and psychological adjustment among ethnically diverse students: An examination of spirituality as a moderator*. Poster presented at the annual meeting of the American Psychological Association Convention, Honolulu, HI.
- Shea, M.**, *Gutierrez, G., *Gonzalez, V., *Shi, W., Dennis, J., & Kennison, R. (August, 2013). *Parenting behavior and school-age bullying experience: Association with Self-esteem in young adults*. Poster presented at the annual meeting of the American Psychological Association Convention, Honolulu, HI.
- Shea, M.**, Cachelin, F., Frances, B., Phimphasone, N. (August, 2013). *Cultural adaptation of a cognitive-behavioral treatment for binge eating: A focus-group method*. Symposium presented at the annual meeting of the American Psychological Association Convention, Honolulu, HI
- Shea, M.**, *Wang, S., *Shi, W., *Gonzalez, R., & Ma., P-W. (August, 2012). *Spirituality, religiosity and social support as predictors of college students' psychological well-being*. Poster presented at the annual meeting of the American Psychological Association Convention, Orlando, FL.
- *Wang, S., **Shea, M.**, Ma., P-W., *Gonzalez, R. (August, 2012). *Predictors of psychological distress among Asian and Hispanic college students*. Poster presented at the annual meeting of the American Psychological Association Convention, Orlando, FL.
- Ma, P-W., Varon, S. K., Calka, A. M., Garcia, A-M., Koehler, M., **Shea, M.** (August, 2012). *First-Generation College Students: Understanding Their Social Support and Psychological Well-Being*. Poster presented at the Annual Convention of the American Psychological Association. Orlando, FL.

- *Shi, W., *Zhang, Y., *Gonzalez, V., & **Shea, M.** (May, 2012). *School bullying: A qualitative study on Asian and Latino immigrant parents' perspectives*. Poster presented at the annual meeting of the Western Psychological Association Convention, San Francisco, CA
- *Wang, S., *Gonzalez, R., **Shea, M.** (May, 2012). *Spirituality and religiosity as correlates of psychological well-being among college students*. Poster presented at the annual meeting of the Western Psychological Association Convention, San Francisco, CA
- *Wang, S., **Shea, M.**, & *Gonzalez, R. (May, 2012). *Predictors of psychological distress among Asian and Hispanic college students*. Poster presented at the annual meeting of the Western Psychological Association Convention. San Francisco, CA
- Shea, M.** and *Cruz N. (August, 2011). *Subjective Masculinity Stress Scale and Inventory of Subjective Masculinity Experiences: Development and psychometric properties*. In J. Wong and M. Shea (Chairs). *Subjective Masculinity Experiences—Theory, Research, and Practice*. Symposium presented at the annual meeting of the American Psychological Association Convention, Washington D.C.
- Shea, M.**, *Uribe, L., *Phimphasone, P., *Bono, F., Garcia, D., & Cachelin, F. (August, 2011). *Cultural adaptation of a cognitive behavioral guided self-help program for Mexican American women with binge eating disorders*. Round Table Discussion at the annual meeting of the the American Psychological Association Convention, Washington D.C.
- Pei-Wen Winnie Ma, **Shea, M.**, George, L., Desai, U., & Pena E. (August, 2011). *Psychological Well-being of Latino College Students: Exploring the influence of social support and stress*. Poster presented at the annual meeting of the American Psychological Association Convention, Washington D.C.
- Shea, M.** (August 2011). *The Relationship between Conformity to Masculine Norms and Psychological Distress in Asian vs. Non-Asian American Men: A Latent Class Regression Analysis*. In J. Wong(Chair). *Asian American Men and Masculinity: New Directions*.
- Shea, M.**, *Cruz, N., *Boghokian, T., *Jimenez, V., & *Wang, S. (April, 2011). *Development of the Inventory of Subjective Masculinity and Femininity Experiences*. In J.Dennis (Chair). *Explorations in the Measurement and Conceptualization of Gender Role Attitudes and Experiences*. Symposium presented at the annual meeting of the Western Psychological Association Convention, Los Angeles, CA.
- Shea, M.**, P. W. Ma., *Perry, K., *Casillas, G., *Guardado, D., & *Shi, W. (April, 2011). *Predictors of depressive symptoms among Black and Latino college students*. Poster presented at the annual meeting of the Western Psychological Association Convention, Los Angeles, CA.
- Shea, M.**, *Uribe, L., *Phimphasone, P., *Bono, F., Garcia, D., & Cachelin, F. (April, 2011). *Cultural adaptation of a cognitive behavioral guided self-help program for Mexican American women with binge eating disorders*. Poster presented at the annual meeting of the Western Psychological Association Convention, Los Angeles, CA.
- *Wang, S., *Gonzalez, V., & *Shi, W., **Shea, M.**, & Ham, A. (April, 2011). *Development of a narrative therapy group for parents of bullies*. Poster presented at the annual meeting of the Western Psychological Association Convention, Los Angeles, CA.
- Shea, M.** (April, 2011). *Sequential Transformative Mixed-Methods Research for Social Justice*. In P. Camangian (Chair) *Research for Social Justice: Youth, School, and Community Collaboration*. Symposium presented at the annual meeting of the American Educational Research Association, New Orleans, LA.

- Shea, M.,** Wong, Y. J., *Jimenez, V., *Castro, M., *Wang, S., LaFollette, J. R., & Hickman, S. J. (2010, August). *Development of a Femininity Meaning-Making Test – Stress*. Poster presented at the annual meeting of the American Psychological Association conference, San Diego, U.S.
- Hickman, S. J., **Shea, M.,** LaFollette, J. R., *Cruz, N., *Boghokian, T., & Wong, Y. J., (2010, August). *Development of the Masculinity Meaning-Making Test-Stress*. Poster presented at the annual meeting of the American Psychological Association conference, San Diego, U.S.
- Shea, M.,** *Cruz, N., *Guardado, D., *Jimenez, V., *Shi, W., *Perry, K., *Casillas, G. (2010, August). *Gender, stigma, relational interdependent self-construal and attitudes toward professional help-seeking*. Poster presented at the Annual Convention of the American Psychological Association, San Diego, CA
- Ma, P-W, **Shea, M.,** Caldwell, T., George, L., Chowdhury, T., Desai, U., & Pena, E. (2010, August). *First generation college students: Predicting stress and career outcome expectation*. Poster presented at the Annual Convention of the American Psychological Association, San Diego, CA.
- Shea, M.** (May, 2010). *Sociocultural correlates of Asian American Students' Attitudes toward Professional Help-seeking*. In G. Fernando (Chair) Assessing mental health and quality of life in college students: cultural considerations. Symposium presented at the Western Psychological Association Convention, Cancun, Mexico.
- Shea, M.,** & Yeh, C. (2008, August). *Culturally Responsive Career Intervention for At-risk, Urban Chinese Immigrant Youth*. Poster presented at the annual meeting of the American Psychological Association conference, Boston, U.S.
- Shea, M.** (2008, March). *Conducting linguistically and culturally appropriate career intervention with Urban Asian youths*. In Y. Okubo and P-W. Ma (Chairs) Cultural competence in Asian immigrant research and practice. Symposium presented at the International Counseling Psychology Conference, Chicago.
- Shea, M.,** Lo, G., & Yang, L. (2007, August). *Experiences of discrimination among Chinese Americans with schizophrenia: Implications for community-based interventions*. Poster presented at the annual meeting of the Asian American Psychological Association conference, San Francisco, U.S.
- Shea, M.** (2006, August). *Development of a culturally responsive career intervention with Asian immigrant youth*. In S. Sue (Chair) Building Alliances and Offering Innovative Services for Asian Immigrant Youth. Symposium presented at the annual convention of the Asian American Psychological Association, New Orleans, LA.
- Chang, T., Yeh, C. J., Ma., P.W., & **Shea, M.** (2006, August). *Racial, cultural, and economic determinants of Asian American parents' educational expectations of their children*. Poster presented at the annual meeting of the American Psychological Association conference, New Orleans, U.S.
- Shea, M.,** Ma, P.W., Yeh, C.J., Lee, S., & Pituc, S. (2005, August). *Development of a career exploration group for Chinese immigrant youth*. Poster presented at the annual meeting of the American Psychological Association conference, Washington D.C., U.S.
- Chang, T., Yeh, C. J., **Shea, M.,** & Tao, X. (2005, August). *Chinese students' attitudes towards professional psychological help-seeking and career counseling*. Poster presented at the annual meeting of the American Psychological Association conference, Washington D.C., U.S.
- Yeh., C. J., Okubo, Y., Ma., P.W., **Shea, M.** (2005, August). *Predictors of Intercultural Competence among Chinese Immigrant Youth*. Poster presented at the annual meeting of the American Psychological Association conference, Washington D.C. U.S.

Shea, M., & Yeh, C. J. (2004, July). *Cultural values, perceived stigma, relational interdependent self-construal and attitudes towards professional help-seeking*. Poster presented at the annual meeting of the American Psychological Association, Honolulu, Hawaii, U.S.

Yeh, C. J., Ma, P.W., Okubo, Y., **Shea, M.**, Kim, A. B., Ou, D., & Atkins, M. (2004, July). *The cultural adjustment of low-income, urban, Asian immigrant high school students*. Poster presented at the annual meeting of the American Psychological Association, Honolulu, Hawaii, U.S.

OTHER RESEARCH EXPERIENCE

2003-2007

Research Team Coordinator/Research Assistant

Department of Counseling and Clinical Psychology

Teachers College, Columbia University

Project title: *Asian Immigrant Cultural Adjustment and Mental Health (NIMH KO1 MH065287-01A1)*

Principal investigator: Christine Yeh, Ph.D.

- Supervised, hired and trained graduate research assistants
- Collected self-report data from 350+ students for quantitative analysis
- Conducted focus group with Asian immigrant students and parents
- Implemented Asian student leaders' internship program; supervised and trained student interns
- Translated all survey scales from English to Chinese
- Conducted Financial Aid Workshop for high school students and parents
- Assisted with data entry, data analysis and manuscript write-up

2006-2007

Research Assistant, Department of Epidemiology, Columbia University

Project Title: *Expressed Emotion and Stigma among Chinese-Americans with Schizophrenia*

- Collaborated on a project related to the experiences of stigma and discrimination among Chinese American immigrants with Schizophrenia to develop community based intervention
- Trained on using PANSS rating scale to assess and conduct bilingual interview with Chinese American immigrants with severe mental illness (i.e. schizophrenia, schizoaffective disorder)

2004-2006

Dissertation Project, Department of Counseling Psychology, Teachers College

Project Title: *Development of a culturally specific Career Exploration Development and Resources (CEDAR) group for low income Chinese immigrant youth*

- Developed a culturally responsive career counseling model for low-income, urban Asian immigrant youths based on Social Cognitive Career Theory and Social Ecological framework
- Taught career skills and facilitated discussions on the role of participants' immigration experience, cultural adjustment, and socioeconomic factors in their career exploration and decision making
- Compared experimental group and control group participants' pre and post-test differences on career exploration, career decision making, help-seeking attitudes

2003-2004

Second-year Project, Department of Counseling Psychology, Teachers College

Project Title: *Cultural values, perceived stigma, relational interdependent self-construal and attitudes towards help-seeking*

- Reviewed sociocultural factors contributing to help-seeking attitudes
- Collected and analyzed 200+ data from the Asian American college and graduate student population

2002-2003

Research Assistant, Department of Counseling Psychology, Teachers College
Project Title: *Career decision-making process among Chinese immigrant youth*

- Recruited 40+ Chinese American adolescents for semi-structured interviews
- Applied the Consensual Qualitative Research method to transcribe audio tapes, develop domains and categories, analyze transcripts, and served as an independent Auditor for the analysis process

1999-2001

Thesis, Department of Psychology, University of Washington
Project Title: *Seattle Homeless & Runaway Youth Project*

- Conducted comprehensive literature review on adolescent help-seeking behavior
- Performed statistical analysis using SPSS on survey data on homeless youth's help-seeking behaviors
- Authored junior and senior theses and presented at Honors Students seminar

CLINICAL EXPERIENCE

2008 (July - November)

**Clinical Postdoctoral Fellow, Massachusetts Mental Health Center/
Harvard Medical School**

- Conducted individual psychotherapy with clients of diverse backgrounds and psychological functioning
- Participated in treatment team meeting and provide consultation to clinical cases

2007 (July) – 2008 (June)

**Psychology Intern, Massachusetts Mental Health Center/
Harvard Medical School**

Partial Hospital Program – Cognitive Behavioral Therapy and Dialectical Behavioral Therapy rotation (six-month each)

- Worked in a step-down from inpatient, partial hospital day program to provide transitional psychiatric treatment for clients with more acute symptoms.
- Used evidence-based practice in group and individual treatment with chronically mentally ill, medically complicated, dual-diagnosis, and/or clients with personality disorder.
- Served as an active liaison between clients and community agencies/resources, advocate and follow through aftercare plan.

Outpatient rotation (one-year)

- Conducted psychotherapy and psychological assessment with a diverse population with varied ages, racial-ethnic, socioeconomic backgrounds, and psychological functioning.
- Produced case conceptualizations and formulate treatment goals independently using psychodynamic orientation and multicultural formulation framework.
- Worked collaboratively with treatment team members and effectively seek consultation/supervision.
- Integrated professional writings and research into case conceptualization and therapy process.

- 2006-2007 **Psychology Extern, Bellevue Hospital, Bilingual Treatment Program, New York**
- Conducted admission evaluation, psychological assessment, group, family, individual therapy with underserved, Chinese speaking adult clients using Cognitive Behavioral and Psychodynamic Interpersonal Therapy
 - Developed a culturally appropriate psycho-education group for family members of psychiatric patients
- 2005-2007 **Psychology Extern, Beth Israel Medical Center, Child & Adolescent Outpatient, New York**
- Conducted psychological assessment with racially-ethnically diverse children and adolescents
 - Provided individual and family therapy for children, adolescents, and families using psychodynamic, family systems and multicultural framework
- 2004-2005 **Psychology Extern, Baruch College, City University of New York, New York The Career Development Center and the Counseling Center rotations**
- Provided individual psychotherapy for undergraduate and graduate students
 - Conducted vocational assessments and assisted students in finding a good fit with major and career
 - Supervised, trained and mentored peer counselors on a weekly basis
 - Conducted topical workshops for freshmen and senior students and facilitated a career fair
- 2004 (February) – 2004 (July) **Assessment Extern, Bellevue Hospital, Traumatic Brain Injury Inpatient Unit, New York**
- Conducted neuropsychological assessments with clients with TBI and cognitive disorders, such as Mental Status Exam, Trail Making Test, Stroop Color and Word Test, Rey Auditory Verbal Learning Test, Controlled Oral Word Association, Hooper Visual Organization Test and Repeatable Battery for the Assessment of Neuropsychological Status etc.
- 2003-2004 **Psychology Extern, Teachers College, Center for Psychological Services, New York**
- Provided short-term and longer-term dynamic psychotherapy as well as vocational counseling to a diverse adult population in a community-based clinic

COMMITTEES/SERVICES

- 9/2017-present **Member**, Ad hoc Committee on Scholarship Standards, School of Education, SPU
- 9/2014-6/2016 **Chair (2014-15)**, Retention/Tenure/Promotion Review Committee, Psych Department, CSULA
- 9/2009-6/2016 **Chair (2015-present) & Member**, Curriculum Committee, Psychology Department, CSULA
- 9/2009-6/2016 **Member**, Student Affairs Committee, Psychology Department, CSULA
- 9/2009-6/2016 **Member**, Policy and Procedures Committee, Psychology Department, CSULA

9/2012-6/2016	Chair (2012-15) & Member , Nominations Committee, College of Natural and Social Sciences, CSULA
9/2014-6/2016	Member , Recruitment and Search Committee, Psych Department, CSULA
3/2013-6/2016	Member , University Appeals Board, University-level committee, CSULA
9/2012-6/2013	Member , Graduate Admission Committee, Psychology Department, CSULA
9/2011-6/2012	Member , Selection Committee for the Outstanding Lecturer Award Nominee, College of Natural and Social Sciences, CSULA
9/2009-6/2011	Member and Interim Vice-Chair , Steering Committee, College of Natural and Social Sciences, CSULA
1/2010-6/2011	Advisor , Marriage Family Therapy Program, Psychology Department, CSULA
9/2009-6/2010	Advisor , Psi Chi Honor Society in Psychology, Chapter at California State University Los Angeles
9/2009-1/2010	Interim Director , Marriage Family Therapy Program, Psychology Dept., CSULA

EXTERNAL SERVICES

Journals:

2011-present	Editorial Board Reviewer , Asian American Journal of Psychology
2013-present	Ad hoc Reviewer , Psychological Disorders
2012-2011	Ad hoc Reviewer , International Journal of Eating Disorders
2010-2011	Ad hoc Reviewer , Journal of Nervous and Mental Disease
2009-2010	Ad hoc Reviewer , International Journal of Mental Health
2006-2007	Ad hoc Reviewer , Graduate Student Journal of Psychology, Teachers College

Conference Programs/

Presentations:

2016 (November)	Reviewer , Western Psychological Association 2017 Annual Convention
2012 (November)	Reviewer , American Psychological Association 2013 Annual Convention, Division 35, Society for the Psychology of Women
2011 (May)	Reviewer , California State University Teaching Symposium
2011	Reviewer , Asian American Psychological Association Annual Convention

Awards Selection:

- 2011-2013 **Awards Committee**, Society of Counseling Psychology of the American Psychological Association (Division 17)
- 8/2011 **Dissertation Awards Committee**, Asian American Psychological Association
- 8/2011 **Poster Judge**, Asian American Psychological Association Annual Convention, Washington, D.C.
- 2010, 2011 **Poster Judge**, 18th and 19th Annual CSULA Student Symposium, Los Angeles, CA
- 2009, 2013 **Symposium Judge**, Annual CSULA Student Symposium, Los Angeles, CA

Grant Review Panels:

- 9/2011-2016 **National Institutes of Health Early Career Reviewer**, Center for Scientific Review (CSR), National Institute of Health

Other Services:

- 2010-2012 **Secretary**, Society of Counseling Psychology of the American Psychological Association (Division 17)-- Section on Ethnic and Racial Diversity
- 2006-2007 **Founding member and Membership Coordinator**, Asian American Psychological Association, Division of Students

PROFESSIONAL AFFILIATIONS

- **Current Member**, Asian American Psychological Association
- **Past Member**, American Psychological Association (Division 17, 35)

LANGUAGE SKILLS

Fluent in reading, writing and speaking Chinese (*Mandarin, Cantonese, Shanghainese*), fluent in both simplified and traditional characters